

October Newsletter



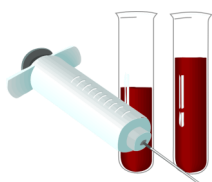
RAWLINS COUNTY

Health Center

DIRECT ACCESS LAB TESTING

Starting Monday, November 2nd, Rawlins County Health Center will be offering reduced cost Direct Access Lab Testing. Participants can have blood work performed without a provider's order, but must register at the front office prior to lab testing. Some tests offered through Direct Access Lab Testing include (but not limited to):

CBC	\$20.00
CMP	\$30.00
Lipid Profile	\$20.00
PSA	\$20.00
Hemoglobin A1C	\$20.00
Pregnancy Test	\$20.00
Strep Screen	\$25.00
Urinalysis	\$20.00
TSH	\$15.00
Free T3	\$50.00
Total T3	\$30.00
Free T4	\$15.00
Total T4	\$30.00
Influenza	\$15.00
RSV	\$15.00
Vitamin D	\$50.00



A complete list of tests is available at the Rawlins County Health Center front office. Please note, Direct Access Lab tests are not billable to insurance. Cash or check at time of lab draw is required. Direct Access Lab Testing is available Monday through Friday 8 am—5 pm.

THANKSGIVING HOLIDAY SCHEDULE

Rawlins County Health Center's Emergency Room is available 24/7 365 days/year. Outpatient Services, Business Offices, and the Rawlins Clinic will close for Thanksgiving on
Thursday, November 26th.



WELLNESS RAWLINS COUNTY

McDonald (Senior Center) November 11, 25 9 am

Herndon (Sunflower Villa) November 4, 18 9 am

Atwood (Senior Center) November 2, 16, 30 9 am

DR. KELLOGG

November 3, 10, 17, 25, 27

DIABETIC EDUCATION LUNCH 'N LEARN

Diane Sis, RN, CDE (Certified Diabetic Educator) will provide education on Monday, November 9th, from 12—1 pm in the RCHC Education Room. In recognition of November being National Diabetes Awareness Month, Diane will discuss "Elevated Blood Sugars? Tools to Bring Them Into Control." Everyone is invited to bring your lunch to this free presentation!



SURGICAL SUITE UPDATE

The Rawlins County Surgical Suite, funded by a Community Development Block Grant and Kansas Community Tax Service Credit, is on schedule for the November 30, 2015, completion date. The cement ramp has been removed, door and windows removed and bricked in, and HVAC system will be installed on the roof this week.



SPECIALTY CLINIC

CARDIOLOGISTS

Dr. Miller November 3, 17

Dr. Denney November 24

Dr. Pandit November 18

MENTAL HEALTH

High Plains Mental Health November 12

New Beginnings Counseling November 5, 12, 19

SURGEON

Dr. Frankum November 11, 23

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Danielle Adams, Hospital

Patient Care Technician

Rosemarie Hidy, Hospital RN

EMPLOYEE WEEKLY STARS

- ◆ Thank you, **Esmeralda Flores**, for helping translate for a patient that was confused about their bill.
- ◆ Thank you, **Connie McCain**, for your upbeat personality and positive outlook. You always have a warm and friendly smile that brightens patients and co-workers day.
- ◆ Thank you, **Mary Clark**, for assisting a patient to Physical Therapy after his outpatient treatment when nursing was busy.
- ◆ Thank you, **Gail Smith** and **Mary Howland**, for covering the front office.
- ◆ Thank you, **Ryan Marvin**, **Chase McKittrick**, and **Jack Maris**, for installing a beautiful new window in the clinic!
- ◆ Thank you, **Jennifer Hurst**, for all of your hard work in the clinic and for doing such a great job!
- ◆ Thank you, everyone, who helped with the television commercial this week!
- ◆ Thank you, **Jessica Carson**, for helping in a crunch and getting everything done!
- ◆ Thank you, **Patrick Conrad**, for going above and beyond!
- ◆ Thank you, **Ryan Marvin**, for cleaning up when you didn't have to!

Setting the Standard for Patient
Centered Quality HealthCare

785-626-3211 ~ www.rchc.us ~ Like us on Facebook

Emergency Room Open 24/7 365 days/year.

Rawlins Clinic Open M-F 8:30 am—12 pm, 1pm—5pm and Saturday 9 am—12 pm

Rawlins County
Health Center