

March 2018



Newsletter



Welcome Jason Kearns, PA-C

RCHC is happy to introduce our newest provider, Jason Kearns, PA-C. Jason is a graduate of Wichita State University where he received his Master of Physician Assistant Studies. Before his master's, Jason graduated cum laude with a Bachelor of Science in Biology and a minor in Religious Studies from Southwestern College in Winfield, Kansas.



Available for appointments in early April, Jason is looking forward to meeting and providing quality care to new and familiar Rawlins Clinic patients.

Jason isn't a stranger to Kansas. Originally from Parsons, he spent many years as a Boy Scout, where he attained the highest rank of Eagle Scout.

Jason, his spouse Scott, and their three dogs are excited to call Atwood home!

Meet & Greet

Join Rawlins County Health Center on April 18 at Mulligan's on Main from 4 to 6pm to meet and visit with Jason Kearns, PA-C & Charity Wright, PA-C.

RCHC Specialty Clinic

Cardiologists

Dr. Denney: April 5 & 18

Dr. Markiewicz: April 9

Dr. Freund: Call to schedule

Surgeon

Dr. Kopriva: April 4 & 18

Orthopedist

Dr. Sears: May 9

Urologist

Dr. Catanese: Call to schedule

Hearing Specialist

Precision Hearing • Ken Drag: April 26

Mental Health

High Plains Mental Health: April 12 & 26

Wound Care Center

Kyle Herspring, PA-C: April 3, 10, 17, 24

Diabetic Counseling

Diane Sis: April 4, 11, 18, 25

Speech Therapy

Kim Lankas

Call to schedule

Pelvic Floor Rehabilitation

Call to schedule

Points to Ponder...

Poisonous Snake Bites

Poisonous snakes common to our area are rattlesnakes, copperheads and cottonmouths (water moccasins). They are all considered pit vipers and have highly toxic venom, which causes intense pain, tingling and swelling. Pit vipers inject venom through their fangs with a bite.

IF BITTEN:

- Don't suck the venom out. Venom mixes with the blood stream in seconds, a quick reaction won't remove venom.
- Seek immediate medical treatment. Staying calm is important as an increased heart rate will cause venom to spread more rapidly.
- Do not apply a tourniquet as they do not stop the spread of venom.
- Do not apply ice. Ice is ineffective in slowing the spread of venom.
- If the bite is in an extremity, keep the bitten area lower than the heart.
- Remove all jewelry, watches, or constricting clothes like socks, boots and shoes.
- Call the nearest ER to warn them of the snake bite before arriving, if possible, to allow time to prepare an antivenom.

Sources: www.crofab.com/Patients
www.poison.org/articles/2010-mar/snakebites-in-march

Thank You!

The families of Evelyn Strayer and Kenneth Wilkinson have chosen the Rawlins County Hospital Foundation to memorialize their loved ones. The RCH Foundation is grateful for the families' recognition.

Provider's Day March 30

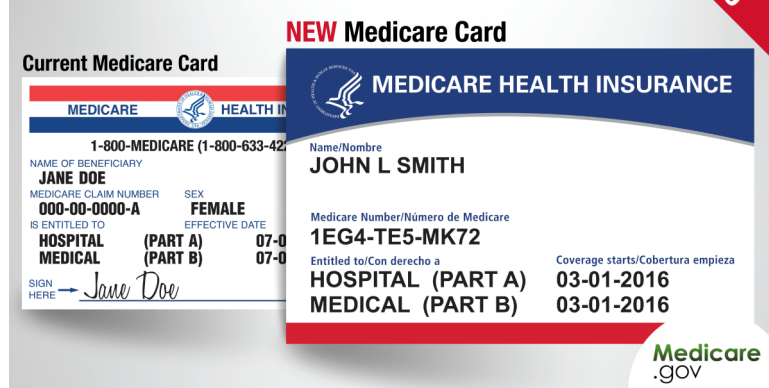
RCHC is proud to have an exceptional team of providers.
Thank you for your work today and everyday!



RCHC Welcomes Scott Austin

Rawlins County Health Center is excited to welcome Scott Austin. He will join the Financial Department as an Accounting Specialist.

New Card! New Number!



An Affiliate of



(785)626-3211 • www.rchc.us • Like us on Facebook
Rawlins Clinic: Open M-F 8am-5pm & Saturday 9am-Noon
Emergency Room: Open 24/7, 365 days a year

**Setting the Standard for
Patient-Centered Quality Healthcare**

Rawlins County Health Center is an equal opportunity provider and employer.