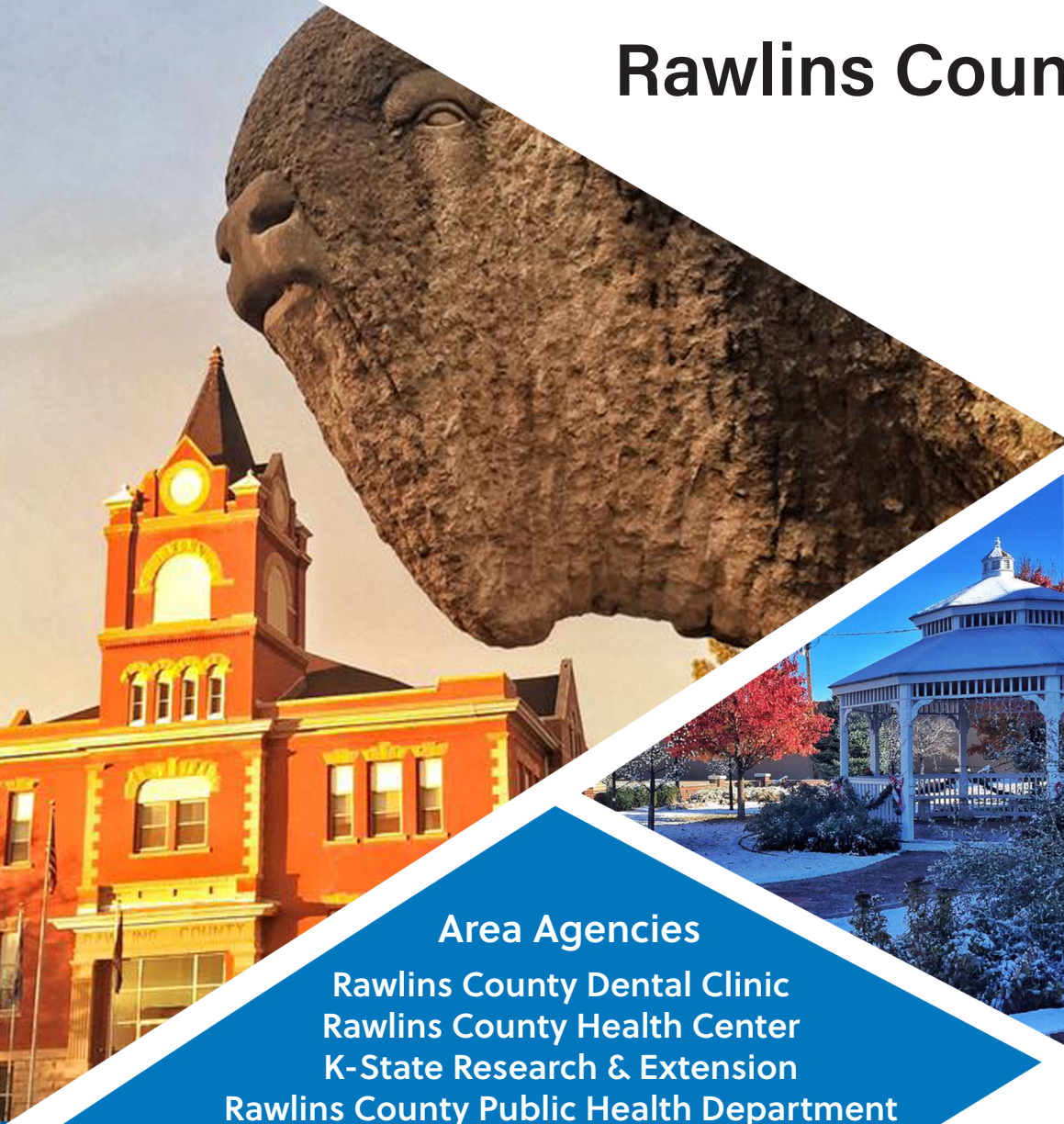


# February 2018

## Community Health Needs Assessment

### Rawlins County, Kansas



#### Area Agencies

Rawlins County Dental Clinic  
Rawlins County Health Center  
K-State Research & Extension  
Rawlins County Public Health Department  
NWKS Healthy Communities Initiative

In partial fulfillment of requirements  
related to grants and various opportunities  
we are pleased to share the following report.



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## Executive Summary

Communities need to complete a Community Health Needs Assessment (CHNA), a strategic plan to improve community health and wellness every 3 to 5 years. Federal and State Governments, Community Hospitals and Health Centers, Safety-Net Clinics, County Health Departments, and Community Development Organizations complete a CHNA for planning, funding and achieving positive outcomes. A high level of collaboration and coordination among community members is essential in developing and maintaining healthy communities. The CHNA must include input from persons who represent the broad interest of the community, those traditionally unheard voices and input from persons having public health knowledge or expertise. Once committees collect community input, secondary data from other public health resources are reviewed to fill in any missing data gaps. Next, the CHNA from public input prioritizes county health and wellness common themes and needs. To complete the CHNA a strategic implementation plan is written to address the identified priorities and made widely available to the public. An implementation team will then meet regularly to update progress and readdress priorities.

The last CHNA was completed in January 2013, when the Rawlins County Health Center and Rawlins County Health Department co-sponsored the Kansas Rural Health Works (KRHW) Community Health Needs Assessment. The most important issues identified following the prioritization process with a specific action plan were: One, prioritize service physician/patient recruitment and retention to become a competitive medical provider. Two, address the lack of affordable housing options and facilities for young people and families, assisted living, medical providers, middle income. Three, to promote, educate and engage the community of the basic health care and services available to improve health and wellness, obesity and chronic disease prevention and other health concerns. The 2013 CHNA is available at Rawlins County Public Health, Rawlins County Health Center, and Atwood Public Library.

The 2018 CHNA is being developed at a time where several collaborations are working in unison with a vision and commitment to improving the overall health and wellness of Rawlins County and its citizens. These stakeholder collaborators include the Rawlins County Health Center and Rawlins Clinic, Rawlins County Public Health Department, Rawlins County Extension and Community Development, Rawlins County Dental Clinic, Northwest Kansas Healthy Communities Initiative.

The CHNA was conducted collaboratively with the Task Force and the residents of Rawlins County between January 2017 and February 2018.

The following Task Force Leaders were present:

- Suzanna Koel, Marketing Manager – Rawlins County Health Center
- Deb Pochop, CEO – Rawlins County Dental Clinic
- Karla Heble, BSN, RN, Administrator – Rawlins County Public Health Department
- Emily Green, Community Development Agent – K-State Research and Extension Office
- Chris Sramek, Business Owner – Northwest Kansas Healthy Community Initiative
- Tyler Sattler, Marketing Assistant - Rawlins County Health Center

The Community Health Needs Assessment committee and residents of Rawlins County identified five health needs that are present in the county. They are: Obesity/Physical Activity Opportunities, Drug and Alcohol Abuse/ Mental Health, Access to Care (Roads & Infrastructure), Elder Care Services, High Risk of Heart Disease and Stroke.



# Community Definition

There are many ways to define community, but for this community health needs assessment, we define community as the three cities covering Rawlins County: Atwood, Herndon, and McDonald. Rawlins County, classified as a frontier county, has a population of approximately 2,500 people. Atwood, the county seat, has a population of approximately 1,200. McDonald, located 19 miles to the West of the county seat has a population of 160, while Herndon, located 16 miles to the East, has a population of 130.

**Project Mission:**

By using a holistic approach, we strive to improve the physical and emotional well-being of our community.

**Project Vision:**

An environment where a healthy choice is the preferred choice.

**Project Goal:**

To develop a 5-year community health improvement plan based on what our community members perceive as needs and what relevant data shows as health priorities.

**Objectives:**

The objectives of this assessment are to address identified priorities and analyze indicators based on the data gathered from our community residents.

- Create a survey that is widely available to the public.
- Gather secondary data through a Strength, Weakness, Opportunity and Threat (SWOT) Analysis at community meetings hosted by the task force.
- Develop a final report and community improvement plan based on the identified needs gathered in the community meetings and survey.

# Methodology

The methodology used for the survey is as follows:

1. Rawlins County Community Health Needs Assessment Task Force facilitated a series of planning meetings. The committee created a survey with questions based on prior community assessment surveys.
2. The survey was designed to be a comprehensive survey targeting all persons living in Rawlins County.
3. The survey was heavily and broadly distributed through multiple channels to include all possible residents of Rawlins County, including lower-income, senior, and high-risk residents.

Paper copies with links to the survey were available at each agency. Business cards with links to the survey were given out at a variety of businesses and community groups. Presentations were given to each town's City Council and the county Board of Commissioners. Advertising included: local newspaper, local cable channel, Facebook and other social media.

4. The first community meeting was October 19, 2017, at Redeemer Lutheran Church in Awood, KS from 11:30a to 1pm, with lunch provided. See *Appendix D*, for a list of attendees. A wide representation from the community attended. Community members divided into three groups to perform a SWOT Analysis. All of the attendees shared their SWOT Analysis findings (*Appendix E*). Participants presented their ideas of what they would like to see in Rawlins County. Refer to *Appendix F* for a summary of discussion topics.
5. The summarization of the findings from the assessment process and identification of the top community health needs are in this final report. On February 8, 2018, a presentation and a review of survey data, at the Lutheran Church in Atwood, with community members resulted in the selection of five priorities for the Community Health Improvement Plan (CHIP). Community members divided themselves into two priority groups to begin the CHIP. Refer to *Appendix G* for a list of attendees. *Appendix H* lists discussion topics and CHIP Committees.

## Methodology Continued

A final report of the 2018 Rawlins County Community Health Needs Assessment can be viewed at the following locations:

Atwood Public Library - 102 S. 6th, Atwood  
Decision Weather - 114 S. 4th, Atwood  
Rawlins County Dental Clinic - 515 State, Atwood  
Rawlins County Extension Office - 406 State, Atwood  
Rawlins County Health Center - 707 Grant, Atwood  
Rawlins County Public Health Department - 216 S. 4th, Atwood

# Community Health Needs Assessment Report

The Community Health Needs Assessment report is a summary of data the Task Force derived from Rawlins County residents that participated in a health needs survey. The survey was available to all residents via Survey Monkey (online) or paper format. A total of 233 were completed and analyzed. See *Appendix I* for survey questions and answers.

## Common themes and community needs identified in the data gathering process include:

The biggest ongoing health concerns for our community is obesity/weight issues. The areas of highest concern, as ranked in the first two survey questions are:

1. Obesity/Weight Issues
2. Cancer
3. Heart Disease & Stroke
4. Elder Care
5. Drugs/Alcohol
6. Dental Care
7. Mental Health

The biggest concerns, according to the survey, were mental health services, roads/street conditions, animal control and daycare. Participants responded with majority YES votes to paying taxes for Ambulance Services, Fire Protection Services, Hospital Services, Nursing Home/Elder Care, Public Health Services, Recreation Facilities, Recycling Facilities, Roads/Street improvement and school districts. Over 50% of survey participants said they would be willing to pay taxes for school districts and road improvements.

## Other notable survey trends include:

Participants represented all income levels of the county with 24.87% making below \$30,000 annually. This number may be skewed due to student participation in the survey.

No insurance and unable to pay co-pay or deductible are the top reasons that prevent people in our community from getting medical, dental or mental health treatment.

Many survey responses cited the lack of a full-time doctor at the health center is an issue and may contribute to lack of trust in the hospital of Rawlins County. Those 40 to 65 and over typically prefer a physician, while 18 to 34-year-olds seek care from NPs or PAs, according to an article by Sara Kliff of the Washington Post. An in-depth study of what type of medical provider would best serve the residents of Rawlins County may be necessary.

About 50% of survey takers remarked that they or a family member had heart issues, cancer or diabetes.

Overall 53% of participants exercise at least three times per week. The most popular manner of exercise was walking.

*Continue to the next page for more CHNA Report.*

# Community Health Needs Assessment Report Continued

The Community Health Needs Assessment Task Force and residents of Rawlins County identified five health needs that are present in the county. These five are similar to the needs recognized in the data gathering process.

1. Obesity/Physical Activity Opportunities
2. Drug and Alcohol Abuse/Mental Health
3. Access to Care (Roads & Infrastructure)
4. Elder Care Services
5. High Risk of Heart Disease and Stroke

Based on the County Health Rankings of 2017, the task force committee agrees that obesity and physical activity opportunities are an important need to Rawlins County. Out of the 102 counties in Kansas that were ranked, Rawlins County ranked in the 32nd in percentage of obese adults, 29th in percentage of physically inactive adults, and 51st in percentage of access to exercise opportunities. Kansas Health Matters also values access to exercise opportunities for Rawlins County at 51.5 percentage. This value is much lower than the Kansas Value of 76.5% or the US value of 84%. Drug and Alcohol Abuse and Mental Health is the second priority. According to the County Health Rankings of 2017, on average, adults reported 3.1 mentally unhealthy days in the past thirty days on the Behavioral Risk Factor Surveillance System, a health-related telephone survey that collects state data about U.S. residents regarding their health-related risk behaviors, chronic health conditions, and use of preventative services. The average number of adults in Kansas reporting mentally unhealthy days in the past thirty days was 3.2, which included a range of 2.7 to 3.7. Although Rawlins County has 28.8 per 10,000 population with mental behavior hospital admissions rates from 2014-2016, this number trends higher from the 20.9 value between 2010-2012.

Access to Care (Roads & Infrastructure) was a trending concern during both CHNA meetings. Unfortunately, there is not enough data to relate Rawlins County needs to state and national statistics.

Elder Care Services were a discussion during the initial SWOT analysis. Multiple services are available to the elderly, from adult day care to essential health-related tasks (like nail clipping) that the community is not aware are available in Rawlins County.

According to Kansas Health Matters, the age-adjusted heart disease mortality rate per 100,000 population is 167.4. This number is higher than the Kansas value of 157.4 and much higher than the HP 2020 Target number of 103.4.

The Task Force believes that the Community Health Needs Assessment is an essential part of strategic planning for the improvement of Rawlins County. A Community Health Improvement Plan will begin on the first two priorities in the next few months. The Task Force will work closely with the priority groups to ensure they are meeting on a regular basis and formulating a plan.



## Conclusion

As previously mentioned, Rawlins County community members and Task Force Leaders developed a list of top health needs in the county based on survey results and community member's feedback. These priorities will transfer into a Community Health Improvement Plan (CHIP).

While Rawlins County residents enjoy some form of exercise, there are opportunities to provide more physical activity and engagement to ensure residents develop and continue to live healthy lifestyles. Elevated risk of heart disease and stroke correlates with physical fitness and healthy lifestyles. As opportunities arise, these risks may be mitigated.

Currently, a topic amongst many in the nation's minds is mental health. Community members of Rawlins County and Task Force Leaders believe that mental health in Rawlins County coincides with drug and alcohol abuse, which leads to numerous issues. Education on drug and alcohol abuse and mental health is crucial to prevent negative stigma, allowing those suffering to seek treatment more efficiently.

Access to care in rural counties can be difficult. Fortunately, Rawlins County offers a public transportation service, though problems beyond transportation are evident. County roads and city streets are crumbling, leading to injury or even death. Rawlins County also suffers from infrastructure downfalls. For example, there is a severe lack of affordable daycare providers, forcing parents to stay home to watch their children instead of joining the workforce.

Some believe the county could improve its Elder Care Services. However, county entities offer many services to older adults, though their marketing may not be sufficient. Agencies should consider revising their promotion strategies to market their abilities.

The top needs identified throughout this Community Health Needs Assessment translate into a broad variety of health-related issues, which require various degrees of action. Collaboration between community agencies, CHNA Task Force Leaders and community residents is essential in the development of the CHIP. Ultimately the CHIP projects will lead to sustainable programs or action items to contribute to the overall betterment of health in Rawlins County.

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## Appendix A - Population

**Population by Age - Rawlins County, Kansas**

	Year 2016	Year 2010	Year 2000
<b>Median Age</b>	50.3	50.9	45
<b>Under 18</b>	19.50%	20.30%	24.70%
<b>18-24 yrs</b>	6.10%	4.70%	3.80%
<b>25-44 yrs</b>	18.80%	17%	21.50%
<b>45-64 yrs</b>	29.10%	29.50%	25.10%
<b>65+ yrs</b>	26.50%	28.60%	25.60%

Note: Adapted from the US Census American Community survey estimates

**Population Age 65+, Rawlins County Kansas**

Report Area	Total Population	Population Age 65+	Percent of Population Age 65+
Rawlins County, KS	1194	341	28.60%
Kansas	2,868,107	386,252	13.47%
United States	311,536,608	41,851,040	13.43%

Adapted from the US Census Bureau, American Community Survey, 2009-13.

**Population Age 18-64, Rawlins County Kansas**

Report Area	Total Population	Population Age 18-64	Percent of Population Age 18-64
Rawlins County, KS	1194	853	71.40%
Kansas	2,868,107	1,757,093	61.26%
United States	311,536,608	195,808,080	62.85%

Adapted from the US Census Bureau, American Community Survey, 2009-13.

**Change in Total Population, Rawlins County Kansas**

Report Area	Total Population 2000 Census	Total Population 2010 Census	Total Population change 2000-2010
Rawlins County, KS	1279	1194	-85
Kansas	2,688,418	2,853,118	164,700
United States	311,536,608	195,808,080	27,323,632

Adapted from US Census Bureau, Decennial Census, 2009-13.

Rawlins County Population Estimate as of July 1, 2016 is 2,549.

## Appendix B - *Population Demographics*

Population with Associate's level degree or higher, Rawlins County Kansas

Report Area	Total Population	Population with Associate's level degree or higher	Percent of Population with Associate's level degree or higher
Rawlins County, KS	1122	281	25.00%
Kansas	1,850,010	700,495	37.86%
United States	206,587,856	75,718,936	36.65%

Adapted from the US Census Bureau, American Community Survey 2009-13.

According to the US Census website, the Median Household Income in Rawlins County from 2012-2016 was \$49,327, with 12.4% on or below poverty level. In 2012-2016 there were 1,178 households with an average of 2.14 people per household in the county. As of July 1, 2016, 90.9% of Rawlins County residents are White, 6.5% are Hispanic and 1.5% are two or more races.

# Appendix C - County Health Rankings

## County Health Rankings & Roadmaps

Building a Culture of Health, County by County

A Robert Wood Johnson Foundation program

# 2017

Rawlins County

RAWLINS COUNTY, KANSAS | Pop. 2,506

	2013	2014	2015	2016	2017	Kansas 2017
Number of Counties Ranked	102	98	101	101	102	102
<b>Health Outcomes- Rank</b>	<b>68</b>	<b>64</b>	<b>69</b>	<b>78</b>	<b>79</b>	<b>n/a</b>
<b>Length of life- Rank</b>	<b>88</b>	<b>84</b>	<b>66</b>	<b>47</b>	<b>48</b>	<b>n/a</b>
Premature death (Years of Potential Life Lost)	9155	9155	8114			6757
<b>Quality of life- Rank</b>	<b>27</b>	<b>32</b>	<b>65</b>	<b>95</b>	<b>94</b>	<b>n/a</b>
% Reporting poor or fair health*	7	8	8	14	14	15
# Poor physical health days*	2.5	2.4	2.4	3.1	3.2	3.1
# Poor mental health days*				3	3.1	3.2
% Low birthweight			9.4	11.4	11.7	7.1
<b>Health Factors- Rank</b>	<b>25</b>	<b>33</b>	<b>32</b>	<b>9</b>	<b>5</b>	<b>n/a</b>
<b>Health Behaviors- Rank</b>	<b>17</b>	<b>68</b>	<b>84</b>	<b>55</b>	<b>36</b>	<b>n/a</b>
% Adult smokers*	10			16	15	18
% Obese adults	33	35	36	33	32	31
Food environment index		7.6	7.2	7	7	7.2
% Physically inactive adults	29	31	33	32	29	23
% Access to exercise opportunities		58	58	51	51	76
% Excessive drinking*	13			14	13	17
% Driving deaths with alcohol-impairment			100	100	100	27
Motor vehicle crash death rate						
Sexually transmitted infection rate	40				270	384
Teen birth rate			21	24	25	36
<b>Clinical Care- Rank</b>	<b>76</b>	<b>34</b>	<b>54</b>	<b>41</b>	<b>32</b>	<b>n/a</b>
% Uninsured	21	17	17	17	13	12
Primary care physicians rate	80	80	78	39	39	75
Dentist rate	39	78	77	155	120	55
Mental health provider rate						173
Preventable hospital stays	120	87	100	77	65	52
% Diabetes monitoring	86	92	88	91	85	86
% Mammography screening	64	62	65	65	75	63
<b>Social &amp; Economic Factors- Rank</b>	<b>11</b>	<b>20</b>	<b>7</b>	<b>4</b>	<b>8</b>	<b>n/a</b>
% High school graduation*	100					86
% Population with some college	59	61	66	70	71	69
% Unemployed	3.9	3	3.1	2.5	2.4	4.2
% Children in poverty	16	19	17	17	19	17
Income inequality			3.8	4	4.1	4.4
% No social-emotional support	13	13				
% Children in single-parent households	30	26	15	12	8	29
Membership associations rate			43	42.5	38.7	13.9
Violent crime rate	80	53	92	92	181	348
Injury death rate					86	69
<b>Physical Environment- Rank</b>	<b>93</b>	<b>26</b>	<b>2</b>	<b>3</b>	<b>1</b>	<b>n/a</b>
Daily fine particulate matter*	9.7	13.1	13.1	13.1	7	8.5
% Exposed to unsafe drinking water	80	40	0			
Drinking water violations? yes/no				No	No	
% Severe housing problems		5	5	5	6	14
% Limited access to healthy foods	12					
% Driving alone to work		69	67	66	70	82
% Long commute - driving alone		9	11	13	14	20
Access to recreational facilities rate	0					
% Restaurants that are fast food						

Empty cells: Shaded = Item was not used to calculate rankings that year; White = Data unavailable. NR: Health outcomes (e.g., length of life) or health factors (e.g., health behaviors) were not ranked that year. N/A: State is not ranked against counties.

\* Represent substantial changes in data sources or calculation of the measure that would affect year-to-year comparisons. Please refer to the County Health Rankings & Roadmaps to find out more about the indicator changes.

This document was prepared by the staff at the Kansas Health Institute. If you would like more information about County Health Rankings & Roadmaps, please contact Tatiana Lin at (785) 233-5443 or email at [tlin@khi.org](mailto:tlin@khi.org).



Informing Policy. Improving Health.



## Appendix C - County Health Rankings Continued

Health Factors Rank: 5  
Health Outcomes Rank: 79

**2017**  
Rawlins County

The annual *County Health Rankings* provide a snapshot of the health of Kansas counties. The *Rankings* are made up of two summary scores: **Health Factors** (which measure issues that can shape the health outcomes) and **Health Outcomes** (which measure disease and deaths). The following tables illustrate this county's "drivers," or measures with the greatest impact on a county's ranking position.

### What do these drivers mean?

The drivers indicate the measures with the greatest impact on a county's ranking position. Drivers labeled with a green plus sign are measures on which the county performed particularly well. Drivers labeled with a red minus sign indicate priority areas which, if improved, could have the greatest impact on improving the county's rankings.

### Health Factors: Drivers with greatest impact on ranking, Rawlins County, KS – 2017

	Measure	Description	Factor Category	County Value	State Value	Impact on Ranking
1	Unemployment	Percentage of population ages 16 and older unemployed but seeking work	Social and Economic Environment	2.4%	4.2%	+
2	Adult smoking	Percentage of adults who are current smokers	Health Behaviors	15%	18%	+
3	Alcohol-impaired driving deaths	Percentage of driving deaths with alcohol involvement	Health Behaviors	100%	27%	-
4	Children in single-parent households	Percentage of children that live in a household headed by single parent	Social and Economic Environment	8%	29%	+
5	Driving alone to work	Percentage of the workforce that drives alone to work	Physical Environment	70%	82%	+

### Health Outcomes: Drivers with greatest impact on ranking, Rawlins County, KS – 2017

	Measure	Description	Factor Category	County Value	State Value	Impact on Ranking
1	Low birthweight	Percentage of live births with low birthweight (< 2500 grams)	Quality of Life	11.7%	7.1%	-
2	Poor or fair health	Percentage of adults reporting fair or poor health (age-adjusted)	Quality of Life	14%	15%	+
3	Poor mental health days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted)	Quality of Life	3.1	3.2	+
4	Poor physical health days	Average number of physically unhealthy days reported in past 30 days (age-adjusted)	Quality of Life	3.2	3.1	-
5	Premature death	Years of potential life lost before age 75 per 100,000 population (age-adjusted)	Length of Life		6757	NR

**NR:** Measure (e.g., premature death) was not ranked this year.

**Green Plus:** + Measure with a positive impact on a county's ranking position.

**Red Minus:** - Measure with a negative impact on a county's ranking position.

**\*Technical Note:** The state values are only provided as a point of reference. They have not been used in the determination of counties' rankings or top drivers for health outcomes and health factors. For more information on the calculation of score and rankings please visit: <http://bit.ly/CHRzscores>.

## Appendix D - CHNA Meeting 1 Attendees

**Rawlins County Community Health Needs Assessment  
Meeting Sign-In Sheet  
Thursday, October 19, 2017**

<b>Name</b>	<b>Address</b>	<b>Email</b>
Melinda Basnett	McDonald	<a href="mailto:auntmin04@yahoo.com">auntmin04@yahoo.com</a>
Deb Pochop (Beardsley)	Atwood	<a href="mailto:ceo@rcdentalclinic.com">ceo@rcdentalclinic.com</a>
Pam Thomas (McDonald)	Atwood	<a href="mailto:pthomas1@good-sam.com">pthomas1@good-sam.com</a>
Darla Talley	Atwood	<a href="mailto:dtalley@rawlinscounty.org">dtalley@rawlinscounty.org</a>
Craig Cox	McDonald	<a href="mailto:cox craig33@gmail.com">cox craig33@gmail.com</a>
Lisa Olson	Atwood	<a href="mailto:stupka@hotmail.com">stupka@hotmail.com</a>
Sharon Cox	Atwood	<a href="mailto:scox@rchc.us">scox@rchc.us</a>
Suzanna Koel	Atwood	<a href="mailto:sdozbaba@rchc.us">sdozbaba@rchc.us</a>
Roger Philpott	Atwood	<a href="mailto:philpott@ruraltel.net">philpott@ruraltel.net</a>
Kyle Herspring	Atwood	<a href="mailto:kherspring@rchc.us">kherspring@rchc.us</a>
Tyler Sattler	Herndon	<a href="mailto:tsattler@rchc.us">tsattler@rchc.us</a>
Betty Wilkens	Atwood	
Phil Studer	Atwood	<a href="mailto:tippinc@ruraltel.net">tippinc@ruraltel.net</a>
Gertie Kastens	Atwood	
Kathy Davis-Vrbas	Atwood	<a href="mailto:katverb@yahoo.com">katverb@yahoo.com</a>
Karla Heble	Atwood	<a href="mailto:karlah@rawlinscounty.org">karlah@rawlinscounty.org</a>
Wilbur Henry	Atwood	<a href="mailto:wrhatkan@hotmail.com">wrhatkan@hotmail.com</a>
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JoEllyn Argabright	Atwood	<a href="mailto:joargabright@ksu.edu">joargabright@ksu.edu</a>
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Virgie Burk	Atwood	<a href="mailto:vburk@atwoodtv.net">vburk@atwoodtv.net</a>
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Jolene Reeh	McDonald	<a href="mailto:reeh.jolene@gmail.com">reeh.jolene@gmail.com</a>
Emily Green	Atwood	<a href="mailto:emilygreen@ksu.edu">emilygreen@ksu.edu</a>

## Appendix E - CHNA Meeting 1 SWOT Analysis

### **Strengths**

Built Environment  
 Atwood Fitness, Hospital (Saturday clinic), Vision Source, Dental Clinic, PDC, Walking paths,  
 EMS, Good Sam, Airport, County Health, Pharmacy Retail, Chiropractic/Massage Therapy, Home  
 Health, Extension  
 Safety  
 Citizen Commitment/Business Commitment  
 Community Activities  
 Senior Centers/Prairie Plaza  
 510 Main  
 Decide to solve problems/can do  
 Generous  
 Transportation  
 Strong Rec programs for all ages  
     Golf, Playground, Swimming Pool,  
 Lake (Trail)  
 Strong faith basis community (Active churches)  
 Young people coming back  
 Lots of events (Rod Run, Ox Roast, BBQ)  
 Movie Theater  
 Farmers Market  
 Climate  
 Grocery Store  
 Schools  
 Museum/Library  
 Personal Service

### **Weaknesses**

Seniors services  
 Mobility, lack of home health, mental wellness, aging in place resources, group activities, educa-  
 tion on services, lack of specialty health care, adult day care  
 Mental Health Resources  
 Sidewalks  
 Daycare  
 Lack of winter activities/personnel  
 Under-served audiences  
 Isolated  
 Lack of awareness  
 Lack of health Care Providers that will stay long term  
 Getting information out more effectively  
 Dentist  
 Most do not know what services are available  
 Downward population  
 Drug use/Alcohol use

## **Appendix E - CHNA Meeting 1 SWOT Analysis Continued**

### **Weaknesses Continued**

Hospice/Health Care Providers/Health Care Specialists  
Poor Communication  
EMS/Fire  
Lack of Labor Force  
Nutritional Education

### **Opportunities**

Hansen Funds to promote built environment  
Shuttle Expansion  
Resident Education  
Obesity Education  
KanCare Expansion  
Community Collaboration and investment  
Community Development  
Refocus on what we do have  
What is the ultimate goal in health  
Educate on health care  
Using Health Dept more  
Communicate better for what's available  
Fitness Center Development  
Pharmacy Growth  
Increase Volunteer Program

### **Threats**

Lack of New Blood  
Government healthcare policy (including Pharmacy)  
Recycle Center  
Groundwater  
Lack of local Commerce  
Drug/Alcohol Threat  
Porn/Lack of Family Structure  
Loss of Hospital/School/Good Sam  
Age of Veterinarians  
Student loans  
Critical Care – EMS  
High Taxes  
Threat of Infrastructure (High School)  
Lower County Population increases taxes  
Getting more people to move back  
Funding  
Insurance  
Resident exodus  
Complacency

## Appendix F - CHNA Meeting 1 Group Ideas

Senior Services	Building and Promotion of Available Services	Youth Development/Return Home	Fitness Ideas	Workforce/Volunteer	Other
Senior Services	"Brain Health" Education and programs. (memory preservation, intellectual challenges, diet, fitness, etc.)	More pre-teen/teen Education on Drug, Alcohol, Cigarettes, Sex Education for Parents and Youth	Dancing	Stopping the revolving door for all professions. Figuring out what we need to do as a community to keep and assist good providers when we get them to there is more longevity	Grocery store has some good health food options but more is needed
Kindergarten for seniors	Educate about community health opportunities that already exist	Encourage youth to come home after college	Physical Fitness classes targeted toward older adults	More EMT Volunteers	Better legislation to help rural areas
Senior Playground	Spend time advertising our gifts	Counselors at schools	group health classes	More health cre providers	Better roads for access
New model for senior center	communication of services	Encourage vocational education	winter activities	More home health providers	
It's never to late program	Community calendar coordinator		community activity center	mental health	
more activities	Increased utilization of WIC		fitness programs	dialysis services	
Services to enable them to remain home	Public Education on Services available		walking friendly sidewalks	Organize volunteers	
Visiting nurses	Educate locale health possibilities that are available		centralized health center ie. Exercies/nutrition education	How do we not burn out volunteers	
companion care	Transition of SNAP-ED program to PSE work		community center/larger indoor access to fitness	More collaboration among health care workers	
	Ways to educate/communicate with residents/service providers		Exercise programs geared to your age, young to old	Day care	
	Communicate our positivities to community		Healthy cooking classes	mental health counseling options	
			adult accessible affordable community center	community grant writer	
				cooperation between community organizations, services, etc. (police, schools, health dept. etc.) regarding addressing substance abuse.	
				Cohesive partnerships with multiple entities	
				in house lab at hospital	



## Appendix G - CHNA Meeting 2 Attendees

**Rawlins County Community Health Needs Assessment  
Meeting Sign-In Sheet  
Thursday, February 8, 2018**

<b>Name</b>	<b>Address</b>	<b>Email</b>
Deb Pochop (Beardsley)	Atwood	<a href="mailto:ceo@rcdentalclinic.com">ceo@rcdentalclinic.com</a>
Craig Cox	McDonald	<a href="mailto:cox craig33@gmail.com">cox craig33@gmail.com</a>
Suzanna Koel	Atwood	<a href="mailto:sdozbaba@rchc.us">sdozbaba@rchc.us</a>
Roger Philpott	Atwood	<a href="mailto:philpott@ruraltel.net">philpott@ruraltel.net</a>
Tyler Sattler	Herndon	<a href="mailto:tsattler@rchc.us">tsattler@rchc.us</a>
Karla Heble	Atwood	<a href="mailto:karlah@rawlinscounty.org">karlah@rawlinscounty.org</a>
JoEllyn Argabright	Atwood	<a href="mailto:joargabright@ksu.edu">joargabright@ksu.edu</a>
Melody Bearley	Ludell	<a href="mailto:mbearleydvm@gmail.com">mbearleydvm@gmail.com</a>
Emily Green	Atwood	<a href="mailto:emilygreen@ksu.edu">emilygreen@ksu.edu</a>
Chris Sramek	Atwood	<a href="mailto:chris@decisionweather.com">chris@decisionweather.com</a>
Lisa Woody	Ludell	<a href="mailto:lisaw@ruraltel.net">lisaw@ruraltel.net</a>
Harlan Holste	Ludell	<a href="mailto:harlanholste@gmail.com">harlanholste@gmail.com</a>
Rhonda Higley	Atwood	<a href="mailto:rhondahigley@atwoodtv.net">rhondahigley@atwoodtv.net</a>
Diahona Olson	Atwood	<a href="mailto:diahonia@icloud.com">diahonia@icloud.com</a>
Travis Rickford	Ludell	<a href="mailto:travisrickford@gmail.com">travisrickford@gmail.com</a>
Melissa Rickford	Ludell	<a href="mailto:melissa.rickford@gmail.com">melissa.rickford@gmail.com</a>
Kenneth Higley	Atwood	<a href="mailto:rawlinso607@gmail.com">rawlinso607@gmail.com</a>

## Appendix H - CHNA Meeting 2 Priority List & Planning Groups

1. Obesity/Physical Activity Opportunities
2. Drug and Alcohol Abuse/ Mental Health
3. Access to Care (Roads & Infrastructure)
4. Elder Care Services
5. High Risk of Heart Disease and Stroke

**Rawlins County Community Health Needs Assessment  
Obesity/Physical Activity Opportunities  
Thursday, February 8, 2018**

Name	Email
Roger Philpott	<a href="mailto:philpott@ruraltel.net">philpott@ruraltel.net</a>
Tyler Sattler	<a href="mailto:tsattler@rchc.us">tsattler@rchc.us</a>
JoEllyn Argabright	<a href="mailto:joargabright@ksu.edu">joargabright@ksu.edu</a>
Emily Green	<a href="mailto:emilygreen@ksu.edu">emilygreen@ksu.edu</a>
Chris Sramek	<a href="mailto:chris@decisionweather.com">chris@decisionweather.com</a>
Rhonda Higley	<a href="mailto:rhondahigley@atwoodtv.net">rhondahigley@atwoodtv.net</a>
Diahonia Olson	<a href="mailto:diahonia@icloud.com">diahonia@icloud.com</a>
Travis Rickford	<a href="mailto:travisrickford@gmail.com">travisrickford@gmail.com</a>
Melissa Rickford	<a href="mailto:melissa.rickford@gmail.com">melissa.rickford@gmail.com</a>

**Rawlins County Community Health Needs Assessment  
Drug and Alcohol Abuse/ Mental Health  
Thursday, February 8, 2018**

Name	Email
Deb Pochop	<a href="mailto:ceo@rcdentalclinic.com">ceo@rcdentalclinic.com</a>
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Suzanna Koel	<a href="mailto:sdozbaba@rchc.us">sdozbaba@rchc.us</a>
Karla Heble	<a href="mailto:karlah@rawlinscounty.org">karlah@rawlinscounty.org</a>
Melody Bearley	<a href="mailto:mbearleydvm@gmail.com">mbearleydvm@gmail.com</a>
Lisa Woody	<a href="mailto:lisaw@ruraltel.net">lisaw@ruraltel.net</a>
Harlan Holste	<a href="mailto:harlanholste@gmail.com">harlanholste@gmail.com</a>
Kenneth Higley	<a href="mailto:rawlinss0607@gmail.com">rawlinss0607@gmail.com</a>

## Appendix I - Survey Results

### Q1. What do you feel are the biggest ongoing health concerns in our community?

Drugs &/OR Alcohol Abuse	47.75%	106
Cancer	45.50%	101
Elder Care	40.09%	89
Heart Disease and Stroke	38.74%	86
Obesity/Weight Issues	37.39%	83
Mental Health/Depression/Suicide	26.13%	58
Diabetes	25.68%	57
Child Health and Wellness	24.77%	55
Dental Care	23.87%	53
Asthma/Lung Disease	23.42%	52
Poor Nutrition	20.27%	45
Women's Health and Wellness	13.96%	31
Safety	13.06%	29
Sexually Transmitted Diseases	9.91%	22
Memory Impairment	9.46%	21
Environmental Hazards	5.41%	12
Vaccine Preventable Disease	3.15%	7
Other (please specify):	<b>Answered</b>	<b>222</b>
1. No Dr Full time here	<b>Skipped</b>	<b>11</b>
2. Keeping Medical Providers		
3. Smoking		

## Appendix I - Survey Results

### Q2. What are the biggest health concerns for yourself?

Obesity/Weight Issues	35.35%	76
Dental Care	27.91%	60
Heart Disease and Stroke	27.44%	59
Cancer	26.05%	56
Women's Health and Wellness	24.19%	52
Elder Care	18.60%	40
Diabetes	18.14%	39
Safety	18.14%	39
Asthma/Lung Disease	15.81%	34
Mental Health/Depression/Suicide	15.35%	33
Poor Nutrition	14.88%	32
Memory Impairment	13.49%	29
Child Health and Wellness	9.30%	20
Environmental Hazards	8.84%	19
Drugs &/OR Alcohol Abuse	5.12%	11
Sexually Transmitted Diseases	4.19%	9
Vaccine Preventable Disease	4.19%	9
Other (please specify)	6.98%	15
1. I haven't been concerned about any health issues	<b>Answered</b>	<b>215</b>
2. Alternative treatments	<b>Skipped</b>	<b>18</b>
3. MS		
4. Eczema		
5. Hearing Impaired		
6. All		

## Appendix I - Survey Results

### **Q3. What prevents people in our community from getting Medical/ Dental or Mental Health treatment?**

No Insurance	55.98%	117
Unable to pay co-pays or deductibles	55.02%	115
Lack of availability of doctors (MD, DO, Dentist/Chiropractors)	46.89%	98
Lack of Specialist for my condition	24.88%	52
Transportation	18.18%	38
Lack of Non - Physician medical providers (NP, PA)	14.35%	30
Don't know how to find a doctor	13.88%	29
Language barriers/cultural/religious beliefs	12.44%	26
There are no Barriers	6.70%	14
Other (please specify)		21
1. I don't doctor here	Answered	209
2.Lack of trust in local facility/staff	Skipped	24
3.Need to have maternity services in Rawlins Co		
4.Lack of trust and confidence in our hospital and staff. What happened to our local nurses at our hospital?		
5. Lack of MD's and professional help.		
6.Lack of trust in our local hospital		
7. Quality of health care provided by hospital		
8. MD and DO		
9. no mental health providers		
10. We just live really far away		
11. lack of money		
12.Mental Health in Atwood, KS is limited and inconvenient		
13. Extremely limited mental health resources/help		
14.We are a small community-can't get proper care for life/death situations		
15.Cultural stigma		
16. Mental health stigmas-lack of available mental health services		
17. Finding the time. But with mental health this is a stigma with community perception.		
18. Poorly run hospital, lack of communication to get what has been deemed necessary (follow-up appointments), (scheduling of outpatient requests)		



## Appendix I - Survey Results

### Q4. Which of the following is MOST needed to improve the health of our community?

Weight loss Programs	40.78%	84	
Recreation Facilities	37.38%	77	
Healthier food Choices	36.41%	75	
Mental Health Services	34.47%	71	
Safe Childcare choices	33.98%	70	
Safe Eldercare choices	32.04%	66	
Drug & Alcohol Rehabilitation Services	26.70%	55	
Smoking Cessation Programs	21.84%	45	
Clean air and water	17.48%	36	
Safe places to walk/play	14.08%	29	
Transportation	12.14%	25	
Safe Worksites	5.34%	11	Answered 206
Other (please specify)		10	Skipped 27
1. Qualified Physicians			
2. Jobs			
3. New - Up to date school buildings			
4. Indoor activity areas with year round access			
5. Time. Unless you get up at 4am to exercise before work, there is not enough time. Maybe worksites could be challenged to offer employee wellness/exercise time. Work with the health department to develop a community program.			
6. Doctors			
7. A real Doctor that can be held here in Atwood. Our current administration at the hospital has not been able to keep our previous physicians assistants that were a great asset to the community.			

## Appendix I - Survey Results

### **Q5. What health screening or education/information services are needed in our community?**

<b>Exercise/Physical Activity</b>	<b>36.19%</b>	<b>76</b>		
<b>Mental Health/Depression/Suicide</b>	<b>35.71%</b>	<b>75</b>		
<b>Drug and Alcohol</b>	<b>33.33%</b>	<b>70</b>		
Cancer	30.95%	65		
Importance of routine well checkups	30.48%	64		
Elder Service/Care	29.05%	61		
Nutrition	25.24%	53		
Heart Disease	24.76%	52		
Diabetes	23.33%	49		
Blood Pressure	21.90%	46		
Dental	21.43%	45		
Emergency Preparedness	20.95%	44		
Cholesterol	18.57%	39		
Eating disorders	15.71%	33		
Vaccinations/Immunizations	10.48%	22		
Sexually Transmitted Diseases	10.00%	21		
Prenatal/Postnatal Care	9.52%	20	<b>Answered</b>	<b>210</b>
Other (please specify)		5	<b>Skipped</b>	<b>23</b>
1. All of the above x2				
2. I don't know x2				
3. Paying attention to ourselves; listening to our bodies; For example: understanding that a knee replacement is not going to help if you don't lose that extra weight you carry around which puts stress on your body. Meaning to learn to treat the cause of the issue, not the symptom.				

## Appendix I - Survey Results

### **Q6. Where do you and your family get most of your health information?**

<b>Medical or Dental Provider</b>	<b>56.02%</b>	<b>121</b>	
<b>Hospital</b>	<b>45.37%</b>	<b>98</b>	
<b>Internet</b>	<b>44.91%</b>	<b>97</b>	
Family and Friends	41.20%	89	
Health Department	35.19%	76	
Social Media	12.50%	27	
Worksite	9.72%	21	
Newspaper/Magazine	8.33%	18	
Radio	3.24%	7	
Religious Organizations	1.85%	4	<b>Answered 216</b>
Other (please specify)		9	<b>Skipped 17</b>
1. work related health magazines			
2. Family members			
3. I have medical training			
4. school			
5. Why do we keep spending \$ adding to hospital building when we can't get doctors?			
6. I don't know x4 responses			

### **Q7. How would you rate the Ambulance Service in our County/Community?**

Excellent	15.86%	36	
<b>Good</b>	<b>37.44%</b>	<b>85</b>	
Fair	16.74%	38	
Poor	8.81%	20	
Don't Know	15.42%	35	<b>Answered 227</b>
Don't Use	5.73%	13	<b>Skipped 6</b>

## Appendix I - Survey Results

### **Q8. How would you rate the Animal Control services in our county/ community?**

Excellent	7.39%	17		
Good	20.00%	46		
Fair	18.26%	42		
Poor	18.26%	42		
<b>Don't Know</b>	<b>24.35%</b>	<b>56</b>	<b>Answered</b>	<b>230</b>
Don't Use	11.74%	27	<b>Skipped</b>	<b>3</b>

### **Q9. How would you rate the County Shuttle services in our county/ community?**

Excellent	27.83%	64		
<b>Good</b>	<b>32.17%</b>	<b>74</b>		
Fair	10.87%	25		
Poor	3.91%	9		
Don't Know	11.30%	26	<b>Answered</b>	<b>230</b>
Don't Use	13.91%	32	<b>Skipped</b>	<b>3</b>

### **Q10. How would you rate the Day Care services in our county/ community?**

Excellent	11.74%	27		
Good	21.74%	50		
<b>Fair</b>	<b>23.48%</b>	<b>54</b>		
Poor	13.91%	32		
Don't Know	11.74%	27	<b>Answered</b>	<b>230</b>
Don't Use	17.39%	40	<b>Skipped</b>	<b>3</b>

### **Q11. How would you rate the Dental Services in our county/ community?**

Excellent	13.04%	30		
<b>Good</b>	<b>39.57%</b>	<b>91</b>		
Fair	21.74%	50		
Poor	8.26%	19		
Don't Know	9.13%	21	<b>Answered</b>	<b>230</b>
Don't Use	8.26%	19	<b>Skipped</b>	<b>3</b>

## Appendix I - Survey Results

### **Q12. How would you rate the Eating Establishments in our county/ community?**

Excellent	10.87%	25		
<b>Good</b>	<b>40.87%</b>	<b>94</b>		
Fair	30.00%	69		
Poor	11.74%	27		
Don't Know	4.78%	11	<b>Answered</b>	<b>230</b>
Don't Use	1.74%	4	<b>Skipped</b>	<b>3</b>

### **Q13. How would you rate the Elder Care/ Good Samaritan services in our county/ community?**

Excellent	13.10%	30		
<b>Good</b>	<b>38.43%</b>	<b>88</b>		
Fair	24.45%	56		
Poor	10.48%	24		
Don't Know	8.30%	19	<b>Answered</b>	<b>229</b>
Don't Use	5.24%	12	<b>Skipped</b>	<b>4</b>

### **Q14. How would you rate the Emergency 911 services in our county/ community?**

Excellent	15.28%	35		
<b>Good</b>	<b>40.17%</b>	<b>92</b>		
Fair	23.58%	54		
Poor	5.24%	12		
Don't Know	12.23%	28	<b>Answered</b>	<b>229</b>
Don't Use	3.49%	8	<b>Skipped</b>	<b>4</b>

### **Q15. How would you rate the Eye Care services in our county/ community?**

Excellent	31.17%	72		
<b>Good</b>	<b>39.83%</b>	<b>92</b>		
Fair	13.42%	31		
Poor	2.16%	5		
Don't Know	6.49%	15	<b>Answered</b>	<b>231</b>
Don't Use	6.93%	16	<b>Skipped</b>	<b>2</b>

## Appendix I - Survey Results

### **Q16. How would you rate the Fire Protection services in our county/ community?**

Excellent	24.78%	57		
<b>Good</b>	<b>47.83%</b>	<b>110</b>		
Fair	13.48%	31		
Poor	1.30%	3		
Don't Know	10.43%	24	<b>Answered</b>	<b>230</b>
Don't Use	2.17%	5	<b>Skipped</b>	<b>3</b>

### **Q17. How would you rate the Garbage Collection services in our county/ community?**

Excellent	22.71%	52		
<b>Good</b>	<b>50.66%</b>	<b>116</b>		
Fair	13.10%	30		
Poor	3.49%	8		
Don't Know	8.30%	19	<b>Answered</b>	<b>229</b>
Don't Use	1.75%	4	<b>Skipped</b>	<b>4</b>

### **Q18. How would you rate the Grocery Store in our county/ community?**

Excellent	17.32%	40		
<b>Good</b>	<b>47.19%</b>	<b>109</b>		
Fair	21.65%	50		
Poor	10.39%	24		
Don't Know	2.60%	6	<b>Answered</b>	<b>231</b>
Don't Use	0.87%	2	<b>Skipped</b>	<b>2</b>

### **Q19. How would you rate the Hospital services in our county/ community?**

Excellent	19.65%	45		
<b>Good</b>	<b>37.55%</b>	<b>86</b>		
Fair	26.20%	60		
Poor	12.23%	28		
Don't Know	2.62%	6	<b>Answered</b>	<b>229</b>
Don't Use	1.75%	4	<b>Skipped</b>	<b>4</b>

## Appendix I - Survey Results

### Q20. How would you rate the Housing services in our county/ community?

Excellent	9.96%	23		
<b>Good</b>	<b>33.77%</b>	<b>78</b>		
Fair	25.54%	59		
Poor	16.02%	37		
Don't Know	9.96%	23	Answered	231
Don't Use	4.76%	11	Skipped	2

### Q21. How would you rate the Law Enforcement services in our county/ community?

Excellent	16.59%	38		
<b>Good</b>	<b>45.41%</b>	<b>104</b>		
Fair	21.83%	50		
Poor	12.23%	28		
Don't Know	3.06%	7	Answered	229
Don't Use	0.87%	2	Skipped	4

### Q22. How would you rate the Library services in our county/ community?

Excellent	32.75%	75		
<b>Good</b>	<b>47.60%</b>	<b>109</b>		
Fair	9.61%	22		
Poor	0.87%	2		
Don't Know	5.68%	13	Answered	229
Don't Use	3.49%	8	Skipped	4

### Q23. How would you rate the Mental Health services in our county/ community?

Excellent	6.11%	14		
Good	18.78%	43		
Fair	17.03%	39		
<b>Poor</b>	<b>24.89%</b>	<b>57</b>		
Don't Know	20.96%	48	Answered	229
Don't Use	12.23%	28	Skipped	4

### Q24. How would you rate the Park & Recreation services in our county/ community?

Excellent	27.07%	62		
<b>Good</b>	<b>45.85%</b>	<b>105</b>		
Fair	17.47%	40		
Poor	3.49%	8		
Don't Know	5.68%	13	Answered	229
Don't Use	0.44%	1	Skipped	4

### Q25. How would you rate the Pharmacy services in our county/ community?

Excellent	31.86%	72		
<b>Good</b>	<b>46.46%</b>	<b>105</b>		
Fair	14.60%	33		
Poor	1.77%	4		
Don't Know	3.10%	7	Answered	226
Don't Use	2.21%	5	Skipped	7

### Q26. How would you rate the Postal services in our county/ community?

Excellent	18.78%	43		
<b>Good</b>	<b>50.66%</b>	<b>116</b>		
Fair	20.52%	47		
Poor	5.24%	12		
Don't Know	3.49%	8	Answered	229
Don't Use	1.31%	3	Skipped	4

### Q27. How would you rate the Public Health services in our county/ community?

Excellent	21.49%	49		
<b>Good</b>	<b>52.19%</b>	<b>119</b>		
Fair	13.60%	31		
Poor	2.19%	5		
Don't Know	7.89%	18	Answered	228
Don't Use	2.63%	6	Skipped	5

## Appendix I - Survey Results

### **Q28. How would you rate the Roads/ Streets in our county/ community?**

Excellent	7.46%	17		
Good	23.68%	54		
<b>Fair</b>	<b>39.47%</b>	<b>90</b>		
Poor	27.19%	62		
Don't Know	1.75%	4	<b>Answered</b>	<b>228</b>
Don't Use	0.44%	1	<b>Skipped</b>	<b>5</b>

### **Q29. How would you rate the School District in our county/ community?**

Excellent	23.04%	53		
<b>Good</b>	<b>46.52%</b>	<b>107</b>		
Fair	19.57%	45		
Poor	5.22%	12		
Don't Know	3.48%	8	<b>Answered</b>	<b>230</b>
Don't Use	2.17%	5	<b>Skipped</b>	<b>3</b>

### **Q30. How would you rate the Sidewalks/Pedestrian Safety in our county/ community?**

Excellent	11.45%	26		
<b>Good</b>	<b>46.70%</b>	<b>106</b>		
Fair	29.96%	68		
Poor	7.93%	18		
Don't Know	3.08%	7	<b>Answered</b>	<b>227</b>
Don't Use	0.88%	2	<b>Skipped</b>	<b>6</b>

### **Q31. How would you rate the Street Lighting in our county/ community?**

Excellent	10.09%	23		
<b>Good</b>	<b>50.44%</b>	<b>115</b>		
Fair	24.12%	55		
Poor	9.21%	21		
Don't Know	3.95%	9	<b>Answered</b>	<b>228</b>
Don't Use	2.19%	5	<b>Skipped</b>	<b>5</b>



## Appendix I - Survey Results

### **Q32. How would you rate the Snow Removal services in our county/ community?**

Excellent	8.30%	19		
<b>Good</b>	<b>43.67%</b>	<b>100</b>		
Fair	24.45%	56		
Poor	17.47%	40		
Don't Know	5.24%	12	Answered	229
Don't Use	0.87%	2	Skipped	4

### **Q33. Below is a list of services that generally require taxes for maintenance and construction. Would you be willing to pay (more) taxes if you knew the money would be spent in the area of Ambulance Services?**

<b>YES</b>	<b>39.21%</b>	<b>89</b>		
NO	29.96%	68	Answered	227
Don't Know	30.84%	70	Skipped	6

### **Q34. Would you be willing to pay (more) taxes if you knew the money would be spent in the area of Dental Services?**

<b>YES</b>	<b>23.25%</b>	<b>53</b>		
<b>NO</b>	<b>47.81%</b>	<b>109</b>	Answered	228
Don't Know	28.95%	66	Skipped	5

### **Q35. Would you be willing to pay (more) taxes if you knew the money would be spent in the area of Fire Protection services?**

<b>YES</b>	<b>45.61%</b>	<b>104</b>		
NO	25.00%	57	Answered	228
Don't Know	29.39%	67	Skipped	5

### **Q36. Would you be willing to pay (more) taxes if you knew the money would be spent in the area of Hospital Services?**

<b>YES</b>	<b>43.91%</b>	<b>101</b>		
NO	32.61%	75	Answered	230
Don't Know	23.48%	54	Skipped	3

### **Q37. Would you be willing to pay (more) taxes if you knew the money would be spent in the area of Improving Sidewalks?**

<b>YES</b>	<b>34.93%</b>	<b>80</b>		
<b>NO</b>	<b>35.37%</b>	<b>81</b>	Answered	229
Don't Know	29.69%	68	Skipped	4

### **Q38. Would you be willing to pay (more) taxes if you knew the money would be spent in the area of Landfill Services?**

<b>YES</b>	<b>30.84%</b>	<b>70</b>		
<b>NO</b>	<b>37.44%</b>	<b>85</b>	Answered	227
Don't Know	31.72%	72	Skipped	6

### **Q39. Would you be willing to pay (more) taxes if you knew the money would be spent in the area of Nursing Home/Elder Care Services?**

<b>YES</b>	<b>43.56%</b>	<b>98</b>		
NO	28.44%	64	Answered	225
Don't Know	28.00%	63	Skipped	8

### **Q40. Would you be willing to pay (more) taxes if you knew the money would be spent in the area of Police Protection services?**

<b>YES</b>	<b>34.50%</b>	<b>79</b>		
<b>NO</b>	<b>36.24%</b>	<b>83</b>	Answered	229
Don't Know	29.26%	67	Skipped	4

## Appendix I - Survey Results

### **Q41. Would you be willing to pay (more) taxes if you knew the money would be spent in the area of Public Health services?**

YES	41.48%	95	
NO	25.33%	58 Answered	229
Don't Know	33.19%	76 Skipped	4

### **Q42. Would you be willing to pay (more) taxes if you knew the money would be spent in the area of Recreation Facilities?**

YES	42.36%	97	
NO	31.00%	71 Answered	229
Don't Know	26.64%	61 Skipped	4

### **Q43. Would you be willing to pay (more) taxes if you knew the money would be spent in the area of Recycling Facilities?**

YES	38.94%	88	
NO	30.97%	70 Answered	226
Don't Know	30.09%	68 Skipped	7

### **Q44. Would you be willing to pay (more) taxes if you knew the money would be spent for Roads/Streets Improvement?**

YES	52.61%	121	
NO	22.17%	51 Answered	230
Don't Know	25.22%	58 Skipped	3

### **Q45. Would you be willing to pay (more) taxes if you knew the money would be spent for School Districts?**

YES	59.31%	137	
NO	14.72%	34 Answered	231
Don't Know	25.97%	60 Skipped	2

## Appendix I - Survey Results

### **Q46. Would you be willing to pay (more) taxes if you knew the money would be spent in the area of Transportation?**

YES	26.22%	59	
NO	<b>42.67%</b>	<b>96 Answered</b>	<b>225</b>
Don't Know	31.11%	70 Skipped	8

### **Q47. Would you be willing to pay (more) taxes if you knew the money would be spent in the area for Other (Specify) Services?**

YES	7.89%	15	
NO	27.89%	53	
<b>Don't Know</b>	<b>64.21%</b>	<b>122 Answered</b>	<b>190</b>
Other (please specify)		10 Skipped	43
1. New School building and bus			
2. Assisted living services			
3. Special Needs			
4. Animal Services			
5. Youth Organizations			
6. Nursing Home/ Independent living facility			
7. COUNTY ROADS			
8. Rawlins County Extension			
9. Regional Transportation			
10. A decent daycare facility with great employees			

### **Q48. Would you support joint partnerships with other counties for Leadership Training?**

YES	<b>52.84%</b>	<b>121</b>	
NO	18.34%	42 Answered	<b>229</b>
Don't Know	28.82%	66 Skipped	4

## Appendix I - Survey Results

### **Q49. Would you support joint partnerships with other counties for Locally Grown Food?**

YES	65.35%	149	
NO	12.28%	28 Answered	228
Don't Know	22.37%	51 Skipped	5

### **Q50. Would you support joint partnerships with other counties for Recreation Activities?**

YES	61.30%	141	
NO	20.00%	46 Answered	230
Don't Know	18.70%	43 Skipped	3

### **Q51. Would you support joint partnerships with other counties for Transportation?**

YES	57.27%	130	
NO	18.06%	41 Answered	227
Don't Know	24.67%	56 Skipped	6

### **Q52. Do you participate in the recycling program?**

YES	54.19%	123 Answered	227
NO	45.81%	104 Skipped	6

### **Q53. Do you support having a recycling program in our community?**

YES	89.91%	196 Answered	218
NO	10.09%	22 Skipped	15

### **Q54. How often do you exercise?**

1 -2 Times a week	37.28%	85	
3 -5 Times a week	35.96%	82	
6 + Times a week	17.54%	40 Answered	228
Never	9.21%	21 Skipped	5

## Appendix I - Survey Results

### **Q55. What type of exercise do you participate in when exercising? (Mark all that apply)**

Walking	51.66%	109	
Running/Jogging	17.54%	37	
Fitness Center	9.00%	19	
Golfing	7.11%	15	
Biking	5.69%	12	
Swimming	3.32%	7	
Baseball/Softball	1.90%	4	
Canoeing/Kayak	1.90%	4	
Yoga/Pilates	1.90%	4	
Tennis	0.00%	0	Answered 211
Other (please specify)		43	Skipped 22
home video workouts, cardio workouts, cardiac rehab, horseback riding, yoga, volleyball, football, basketball, wrestling PE, sports, work, weights, biking, track, playing with kids, walking up/down stairs, dancing, gardening, kayaking			

### **Q56. Please mark all that apply for currently have or have ever had ~ Cancer:**

You	8.04%	18	
Family Member	56.70%	127	
Friend	5.80%	13	
Someone You Know	13.84%	31	Answered 224
Unsure	15.63%	35	Skipped 9

### **Q57. Please mark all that apply for currently have or have ever had ~ Diabetes:**

You	8.56%	19	
Family Member	48.65%	108	
Friend	11.26%	25	
Someone You Know	17.12%	38	Answered 222
Unsure	14.41%	32	Skipped 11

## Appendix I - Survey Results

### **Q58. Please mark all that apply for currently have or have ever had ~ Heart Disease:**

You	8.18%	18	
<b>Family Member</b>	<b>49.09%</b>	<b>108</b>	
Friend	3.18%	7	
Someone You Know	12.73%	28	<b>Answered 220</b>
Unsure	26.82%	59	<b>Skipped 13</b>

### **If you have additional comments and/or ideas to assist in planning projects for the future of Rawlins County Residents, please feel free to add them here:**

1. Need: doctors, control spending in all areas--property taxes too high!
2. I feel like there is a lack of things to do for people in their 20's and 30's besides drink alcohol. It would be great if there more things to do. Bands, comedians, special movie nights( maybe around the lake). Things like that.
3. Rawlins County needs an ambulance service that can answer all emergency med call AND provide advanced life support transfers to critical care facilities. We wait longer for a ground transfer than air transfer.
4. yes 5. keep same grades thow year ☐
6. We need to continue positive, progressive development of public facilities and renovation of infrastructure in Cities and the County. It will keep us vital!!!
7. Larger exercise facility combined with a gym in a community rec center.
8. The world health organization has listed the herbicide Round Up as a probable cancer causing chemical. Stop spraying Round Up all over the county would be a good start in making Rawlins county a safer and healthy place to live.
9. The trouble with the eye care provided in this county is that they don't accept certain insurances. We would prefer to get eye care locally but have to go to a eye doctor that will accept our insurance.
10. I think in our community we need more options available for daycare. With so many people pregnant at this time there is not enough daycare space to account for all of those that are pregnant.
11. I think we also need a fitness area that could have space big enough for a gym so that the high school and middle school teams could use the extra gym and not have morning practices so often.
12. from question 50 on you can not do multiple answers you click on one and then it goes on to the next question (x3)
13. Importance of local history. I would support a museum upgrade and the importance of knowing where the community comes from and the research and time it takes to get it there.
14. All departments - EMS, fire, law enforcement, etc.
15. Street lighting and sidewalks are really lacking in the residential areas.
16. Get an MD here and people might have more faith in our hospital

## Appendix I - Survey Results

### Demographic questions:

#### **Q59. What gender do you identify with?**

Male	33.91%	78		
Female	65.22%	150	Answered	230
Other	0.87%	2	Skipped	3

#### **Q60. How many years have you lived in Rawlins County?**

0 – 3 years	8.77%	20		
4 – 6 years	7.89%	18		
7 – 15 years	26.32%	60	Answered	228
16 +years	57.02%	130	Skipped	5

#### **Q61. Are you renting or are you buying/own your home?**

Renting	18.36%	38	Answered	207
Buying/Own	81.64%	169	Skipped	26

#### **Q62. How many family members reside in your home?**

1	9.61%	22		
2-3	45.85%	105		
4-6	38.43%	88	Answered	229
7+	6.11%	14	Skipped	4

#### **Q63. Which category best represents the age of the head of household?**

18 – 24	3.96%	9		
25 – 39	25.11%	57		
40 - 64	53.74%	122	Answered	227
65 +	17.18%	39	Skipped	6

#### **Q64. Which of the following categories best describes your gross total family income during the last year.**

Less than \$ 20,000	10.58%	20		
\$21,000 - \$29,999	14.29%	27		
\$30,000 - \$49,999	25.93%	49		
\$50,000 - \$74,999	22.22%	42		
\$75,000 - \$99,999	10.05%	19	Answered	189
\$100,000 +	16.93%	32	Skipped	44

## Appendix I - Survey Results

### **Q65. Please describe your work:**

Disabled	4.02%	9	
Employed full-time	48.66%	109	
Employed part-time	13.39%	30	
Homemaker	2.68%	6	
Retired	9.38%	21	
Student	19.64%	44	<b>Answered</b>
Unemployed	2.23%	5	<b>Skipped</b>
			<b>224</b>
			<b>9</b>

### **Q66. In what category is your job classified?**

<b>Health &amp; Social</b>	<b>23.53%</b>	<b>44</b>	
<b>Agriculture</b>	<b>22.99%</b>	<b>43</b>	
<b>Educational</b>	<b>17.11%</b>	<b>32</b>	
Professional/Business	13.37%	25	
Finance, Insurance, real estate	5.35%	10	
Retail/Wholesale	5.35%	10	
Government	3.21%	6	
Utilities	3.21%	6	
Construction	2.67%	5	
Manufacturing	2.14%	4	<b>Answered</b>
Transportation/Warehousing	1.07%	2	<b>Skipped</b>
			<b>187</b>
			<b>46</b>

### **Q67. What is the last year of school that you completed?**

Less than High School	23.26%	50	
High School Diploma/GED	13.02%	28	
Some College	21.86%	47	
College Graduate	35.81%	77	<b>Answered</b>
Other:	6.05%	13	<b>Skipped</b>
			<b>215</b>
			<b>18</b>